

Profile: Tristram Woodhouse

Tristram “Trid” Woodhouse started his hockey career at the age of 10 playing at Claremont Collegians (Westside Wolves). He eventually moved to UWA Hockey Club and since then has played 263 games, scored a record 302 goals and won five premierships as part of the Classic League Team.

Trid played for the Perth Thundersticks between 1999 and 2006, scoring 52 goals and winning three gold medals and three silver medals – having reached the grand final every year!

Selection into the Australian National team came at the ripe age of 28. In 2003, he debuted for Australia against the Netherlands in Canberra and went on to win silver at the 2003 Champions Trophy and gold at the 2004 Azlan Shah Cup in Malaysia. He has 21 international caps and he has scored 7 goals for Australia.

Passionate about the game, Trid turned his talents to coaching in 2004, with the aim of developing juniors and taking elite coaching to grass roots. Working with schools and clubs, this naturally developed into his coaching business.

He has built upon his coaching skills over the past five years working with juniors and elite players alike. His experience includes coaching the UWA Women’s 1st Team, specialty coaching sessions with the WAIS Diamonds, and he has even been to Japan to work with the Japanese Women’s National Team (and is returning again this year).

More recently, Trid was appointed by Wimbledon Hockey Club (UK) as Director of Hockey, leading the Men’s 1st Team to a league promotion in his first year as coach, and is on target to achieve the same in the second consecutive year. In addition, he is responsible for implementing a new junior development plan, creating player pathways for the future.

Tristram is an accredited Hockey Australia coach and Tennis Australia coach. He has a valid Working with Children Check and is first aid qualified.

Tristram is passionate about sport – especially the West Coast Eagles, and he loves to have a morning coffee at Vans in Cottesloe. He is married and enjoys a very social life. ...And he can play the bagpipes!